

The Integrative Medicine Center of Santa Barbara

At Integrative Medicine Center we practice in a holistic manner, but believe in the science of appropriate testing. This type of practice is actually called "functional medicine".

We use testing, whether it is blood analysis, urine, saliva, stool, and other means to give us objective evidence of your current state of health. We then can use these same tests to re-measure for positive functional changes.

All of our treatment is directed towards the *cause* of dysfunction and not to simply cover up your symptoms with medication. By no means do we claim to treat specific diseases, nor offer any cure. No doctor or medication can actually cure the body. Healing is the responsibility of your own body's intelligence.

We offer solutions to help balance the body using specific and customized nutritional and nutraceutical protocols, allowing the body to do what it is programmed to do...*Heal Itself*.

Dr. Saunders and Dr. Salcido is not able to and does not accept every case. Dr. Saunders' and Dr. Salcido's schedules are extremely busy, therefore the number of patients are strictly limited to ensure a high quality of care.

If you are currently on prescription medication, we ask you not to make any changes or go off of these medications without first consulting us.

We will help you make these changes and work toward helping you become as drug free as possible.

I have read this disclaimer and understand it's content,

_____ Date: _____
Signature

Print Name

Please list below the name of your physician that you are currently under care.

_____ Phone: _____